**National Farm Safety & Health Week 2025 – Ag Center Resources**

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| **Monday, September 22, 2025 - Equipment and Rural Roadway Safety** |
| * Practical Solutions for Pesticide Safety: Handheld Equipment (<https://deohs.washington.edu/pnash/handheld-psps>) * Video: Orchard ladders: Life-changing injury stories. Real workers, real events. (<https://www.youtube.com/watch?v=Y8w9JoiMrmw&list=PLY7XQBihZRNtjK2pxuM4GZKrg5UX_19zN>) * Pre-operation inspection flyer: <https://www.unmc.edu/publichealth/cscash/_documents/_resources/resources-pre-operation-inspection.pdf> * Tractor Safety flyer: <https://www.unmc.edu/publichealth/cscash/_documents/_resources/resources-tractor-safety.pdf> * Farm machinery safety flyer: <https://www.unmc.edu/publichealth/cscash/_documents/_resources/resources-farm-machinery-safety.pdf> * Safe rural roads flyer: <https://www.unmc.edu/publichealth/cscash/_documents/_resources/resources-safe-rural-roads.pdf> * [Farm Safety Check: Tractor Safety](https://umash.umn.edu/farm-safety-check-tractor-safety/) * [Farm Safety Check: Roadway Safety](https://umash.umn.edu/farm-safety-check-roadway-safety/) * [Stay Safe on Rural Roads Poster](https://umash.umn.edu/wp-content/uploads/2023/10/Staying-Safe-on-the-Road.pdf) * [Rural Roadway Safety Public Safety Announcement](https://www.youtube.com/watch?v=6SmzF86HxiU) * [Agricultural Vehicle SMV video](https://youtu.be/I27icWsFimA) * [Agricultural Vehicle Lighting video](https://youtu.be/XtrmNCqHOOw) * [Rural Roadway Safety poster](https://gpcah.public-health.uiowa.edu/wp-content/uploads/2017/03/Roadway_Safety.jpg) * [Ag Health 101 Unit 10. Tractor Safety](https://gpcah.public-health.uiowa.edu/aghealth101_tractors/) * [Intermediate Ag Health](https://gpcah.public-health.uiowa.edu/core-course-online-modules/) - Transportation * FarmSafe Podcast episodes:   + S1E9: [Lighting & Marking in Agricultural Vehicles](https://gpcah.public-health.uiowa.edu/lighting-and-marking-in-agricultural-vehicles/)   + [S2E15: Safely Sharing the Road with Farm Vehicles: SaferTrek Project](https://gpcah.public-health.uiowa.edu/safely-sharing/)   + S3E3: [Safe Operation and Maintenance of Tractors](https://gpcah.public-health.uiowa.edu/tractor-operation-maintenance/) |

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| **Tuesday, September 23, 2025 - Health and Wellness** |
| * Aire limpio, trabajadores seguros consejos ante condiciones de humo - Clear air, safe workers tips: <https://www.youtube.com/watch?v=XNUZ3VvOW5c> * Be Smoke Ready (<https://deohs.washington.edu/pnash/sites/deohs.washington.edu.pnash/files/2025-03/BeSmokeReady_ListosParaElHumo_11x8.5_3.25.pdf>) * Heat Illness Toolkit (<https://deohs.washington.edu/pnash/heat-toolkit>) * ¡Basta! Prevent Sexual Harassment in Agriculture (<https://deohs.washington.edu/pnash/basta-toolkit>) * Stress and Anxiety in Latino Farmworkers (<https://deohs.washington.edu/pnash/sites/deohs.washington.edu.pnash/files/2023-03/Stress%20%26%20Anxiety%20in%20Latino%20Farmworkers%20flier_updated%202.13.23.pdf>) * Health and Safety Solutions in Agriculture: Free online modules for farm supervisors and educators in English and Spanish, <https://deohs.washington.edu/pnash/online-learning> * Infection Prevention and Control on Animal Farms online course: <https://deohs.washington.edu/cohr/infection-prevention-and-control-animal-farms> * Ergonomics on the farm flyer: <https://www.unmc.edu/publichealth/cscash/_documents/_resources/resources-ergonomics.pdf> * Yoga flyer: <https://www.unmc.edu/publichealth/cscash/_documents/_resources/resources-agrisafe-yoga.pdf> * Pilates flyer: <https://www.unmc.edu/publichealth/cscash/_documents/_resources/resources-agrisafe-pilates.pdf> * Fatigue on the farm flyer: <https://www.unmc.edu/publichealth/cscash/_documents/_resources/resources-fatigue-flyer.pdf> * Farmworker stress flyer: <https://www.unmc.edu/publichealth/cscash/_documents/_resources/resources-farmworker-stress-flyer-english.pdf> * FarmResponse Training Flyer: <https://www.unmc.edu/publichealth/cscash/_documents/_resources/resources-farmresponse-flyer.pdf> * CALM Training Flyer: <https://www.unmc.edu/publichealth/cscash/_documents/_resources/resources-calm-flyer.pdf> * QPR Flyer: <https://www.unmc.edu/publichealth/cscash/_documents/_resources/resources-qpr-flyer.pdf> * [Farm Safety Check: Eat Well to Stay Well](https://umash.umn.edu/wp-content/uploads/2022/10/Healthy-Habits-Eat-Well-to-Stay-Well-fillable.pdf) * [Farm Safety Check: Fatigue](https://umash.umn.edu/farm-safety-check-fatigue/) * [Counting Sheep on the Farm: Sleep Toolkit](https://umash.umn.edu/spotlight-counting-sheep-on-the-farm-sleep-toolkit/) * [Stress and Mental Health Resources](https://umash.umn.edu/stress/) * [Protect your back: ergonomic strategies for preventing pain while farming](https://umash.umn.edu/spotlight-protect-your-back-ergonomic-strategies-for-preventing-pain-while-farming/) * [Ag Worker Mental Health Training](https://gpcah.public-health.uiowa.edu/wp-content/uploads/2022/05/Ag-Worker-Mental-Health-Training-2022-Part-1.pptx) * [Suicide Prevention poster](https://gpcah.public-health.uiowa.edu/wp-content/uploads/2023/03/Suicide-Prevention-FINAL-3_1_2023-2.pdf) * FarmSafe Podcast episodes:   + S2E2: [Women in Agriculture and Stress](https://gpcah.public-health.uiowa.edu/women-in-agriculture-and-stress/)   + S3E14: [Support for Farmers’ Mental Health & Well-being](https://gpcah.public-health.uiowa.edu/mental-health-well-being/)   + S1E6: [Sleep](https://gpcah.public-health.uiowa.edu/sleep/)   + S2E7: [What’s Your Normal?](https://gpcah.public-health.uiowa.edu/whats-your-normal/) * Hearing Damage: [What Do You Have to Lose?](https://gpcah.public-health.uiowa.edu/wp-content/uploads/2017/02/Have-to-Lose.pdf) Poster * [Ag Health 101 Unit 3. Sun Safety](https://gpcah.public-health.uiowa.edu/aghealth101_sunsafety/) * [Intermediate Ag Health](https://gpcah.public-health.uiowa.edu/core-course-online-modules/)   + Physical Agents   + Occupational Skin Disorders   + Occupational Diseases of the Lung   + Musculoskeletal Disorders Among Agricultural Workers   + PPE |

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| **Wednesday, September 24, 2025 - Generations of Farming** |
| * Toddlers on the farm flyer: <https://www.unmc.edu/publichealth/cscash/_documents/_resources/resources-toddler-safety.pdf> * School aged children on the farm: <https://www.unmc.edu/publichealth/cscash/_documents/_resources/resources-school-children.pdf> * Young and beginning farmers flyer: <https://www.unmc.edu/publichealth/cscash/_documents/_resources/resources-new-farmers.pdf> * Mid-life farmers flyer: <https://www.unmc.edu/publichealth/cscash/_documents/_resources/resources-midlife-safety.pdf> * Aging farmers flyer: <https://www.unmc.edu/publichealth/cscash/_documents/_resources/resources-aging-farmer-safety.pdf> * Part-time farmers: <https://www.unmc.edu/publichealth/cscash/_documents/_resources/resources-part-time-farmers.pdf> * [Aging on the Farm](https://umash.umn.edu/umash-success-story-aging/) * [Parkinson’s Disease and Aging in Agriculture](https://umash.umn.edu/parkinsons-disease-and-aging-in-agriculture/) * [Farm Safety Check: Safety for Working Youth](https://umash.umn.edu/farm-safety-check-safety-for-working-youth/) * [Resources for Ag Educators](https://umash.umn.edu/ag-educator-resources/) * [Youth Hearing Loss Bookmark](https://gpcah.public-health.uiowa.edu/wp-content/uploads/2021/09/Youth-Hearing-Loss-bookmark.pdf) * [Heat Illness Prevention Handout](https://gpcah.public-health.uiowa.edu/wp-content/uploads/2017/05/Heat-illness-prevention-for-kids-card-thumbnail.png) * Ag Health Academy Session – [Dementia & Farmers](https://youtu.be/P-0gVRHyPn4) * FarmSafe Podcast episodes:   + S3E13: [Exploring the Multi-Generational Perspective on Health and Safety with *The Millennial Farmer*](https://gpcah.public-health.uiowa.edu/multi-gen-millennial-farmer/)   + S4E4: [Falls on Farms: The Medication Connection](https://gpcah.public-health.uiowa.edu/falls-on-farms/)   + S4E5: [The Seed of Success: Growing Your Farm’s Future](https://gpcah.public-health.uiowa.edu/the-seed-of-success/)   + S4E6: [The Farm-Kid Paradox](https://gpcah.public-health.uiowa.edu/the-farm-kid-paradox/)   + S4E8: [Growing Safely, Part 1: Exploring Child Care Access and Farm Safety](https://gpcah.public-health.uiowa.edu/growing-safely-part-1/)   + S4E9: [Growing Safely, Part 2; Balancing Farming and Family](https://gpcah.public-health.uiowa.edu/growing-safely-part-2/)   + S4E10: [Growing Safety, Part 3: Closing the Child Care Access Gap](https://gpcah.public-health.uiowa.edu/growing-safely-part-3/) |

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| **Thursday, September 25, 2025 - Confined Spaces** |
| * [Dairy Safety Toolkit](https://deohs.washington.edu/pnash/partnership-dairy-safety-and-health): Confined Spaces (<https://deohs.washington.edu/pnash/sites/deohs.washington.edu.pnash/files/2022-12/8.%20Confined%20Spaces_Final%20Module_1%20Dec%202022_SF_0.pdf>) * Tips to prepare bins for harvest: <https://www.unmc.edu/publichealth/cscash/_documents/_resources/resources-prepare-grain-bins.pdf> * Applying insecticide to bins: <https://www.unmc.edu/publichealth/cscash/_documents/_resources/resources-grain-bin-insecticide.pdf> * Clean inside bins checklist: <https://www.unmc.edu/publichealth/cscash/_documents/_resources/resources-grain-bin-clean-checklist.pdf> * [Farm Safety Check: Grain Handling Safely](https://umash.umn.edu/wp-content/uploads/2019/11/32-Grain-Handling-Safety-2020.pdf) * [Farm Safety Check: Manure Management](https://umash.umn.edu/farm-safety-check-manure-management-checklist/) * [SPOTLIGHT: Confined Spaces](https://umash.umn.edu/spotlight-confined-spaces/) * Telling the Story Project: [Craig’s Story](https://tellingthestoryproject.org/craig/) * FarmSafe Podcast episodes:   + S3E5: [Grain Bin Safety, Part 1](https://gpcah.public-health.uiowa.edu/grain-bin-safety-pt-1/https:/gpcah.public-health.uiowa.edu/grain-bin-safety-pt-1/)   + S3E6: [Grain Bin Safety, Part 2](https://gpcah.public-health.uiowa.edu/grain-bin-safety-pt-2/)   + S3E7: [Grain Bin Safety, Part 3](https://gpcah.public-health.uiowa.edu/grain-bin-safety-pt-3/)   + S3E8: [Grain Bin Safety, Part 4](https://gpcah.public-health.uiowa.edu/grain-bin-safety-pt-4/) * [Grain Engulfment & Entrapment webpage](https://gpcah.public-health.uiowa.edu/grain-engulfment-and-entrapment/) * [Ag Health 101 Unit 6. Confined Spaces](https://gpcah.public-health.uiowa.edu/aghealth101_confinedspaces/)   + [Confined Spaces PDF](https://gpcah.public-health.uiowa.edu/wp-content/uploads/2024/09/Unit-6_Confined-Spaces_Sept24.pdf) * [Ag Health 101 Unit 5. Air Quality & Gas Exposures](https://gpcah.public-health.uiowa.edu/aghealth101_airquality/) * [Manure Gas webpage](https://gpcah.public-health.uiowa.edu/outreach-2/topics-old/2-0/) |

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| **Friday, September 26, 2025 - ATV/UTV** |
| * Side-by-side safety flyer: <https://www.unmc.edu/publichealth/cscash/_documents/_resources/resources-utv-safety.pdf> * Side-by-side responsible operation flyer: <https://www.unmc.edu/publichealth/cscash/_documents/_resources/resources-utv-responsible-operation.pdf> * Pre-operation inspection flyer: <https://www.unmc.edu/publichealth/cscash/_documents/_resources/resources-pre-operation-inspection.pdf> * ATV safety flyer: <https://www.unmc.edu/publichealth/cscash/_documents/_resources/resources-atvs-on-the-farm.pdf> * ATV Safety Video: <https://youtu.be/3q43E4lQdBQ> * [Off-Road Ready: ATV/UTV Safety for Every Ride](https://umash.umn.edu/off-road-ready-atv-utv-safety-for-every-ride/) * [Farm Safety Check: ATV](https://umash.umn.edu/farm-safety-check-atv/) * FarmSafe Podcast episodes:   + S1E2: [ATVs on Roadways](https://gpcah.public-health.uiowa.edu/atvs-on-roadways/)   + S1E3: [ATVs and Young Riders](https://gpcah.public-health.uiowa.edu/young-atv-riders/)   + S1E4: [ATVs on the Farm](https://gpcah.public-health.uiowa.edu/atvs-on-the-farm/)   + S1E5: [ATV Safety Features](https://gpcah.public-health.uiowa.edu/atv-safety-features/) * [Flat Farmers](https://gpcah.public-health.uiowa.edu/flat-farmers/) * [Intermediate Ag Health](https://gpcah.public-health.uiowa.edu/core-course-online-modules/) – Off Road Vehicle Hazards |